

Larchmont Chronicle

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Q: "Can I *really* get fuller lips without looking like I've had work done?"

A: "Absolutely." says Rebecca Fitzgerald, MD, dermatologist on Larchmont Boulevard. "You see tons of women every day in Los Angeles who've had fillers and you'd never know it. And you also see tons of women who've had fillers and you DO know it! Overfilling lips and over-injecting, specifically at the edge of the top lip, are THE biggest '*I've had work done*' giveaways", she explains.

To help her patients look as though they were just **born lucky**, Dr. Fitzgerald considers their entire face. As we age, we lose fat from our lips, and also lose fat and bone from around our nose, mouth and chin.

By **plumping the support tissue**, Dr. Fitzgerald can minimally inject lips. The result is a fuller, younger, natural looking mouth. "Light reflects off of anything convex. Done right, injectables will make it look like you're wearing lip gloss even when your lips are bare," she says. She chooses filler based on the area she's treating. For lips, Juvederm is her injectable of choice for its incredible softness.

Still not sure you're up for fillers? Temporary lip plumpers really do work for a few hours, Dr. Fitzgerald explains. Her office sells the TNS Lip Plump System, \$50.

"We all got the question when we were young, "What do you want to be when you grow up?" Well, 'old and tired' is not the answer we thought of. Nor do we want that 'I've had my face done' look. There are a lot of options in between that can make you look really really good."

Injection treatments cost between \$300 and \$600 and last approximately six months.